

THE BOYS' BRIGADE 14TH VIC WERRIBEE

Intercompany Hike 2024

for the advancement of Christ's Kingdom



Plan for the Intercompany Hike
2024 at Falls Creek.

HUB14.COM.AU



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Premise

The 2024 intercompany hike will be hosted by the 14th VIC Werribee company for all seniors section Boys in The Boys' Brigade Victoria. The hike will take place from the 15th to 17th of November 2024.

The aim is to get 25 Boys on the hike and 9 Officers, up from 17 Boys and 5 officers in 2023.

This year there will be three different routes for Boys to go on:

- Introductory Route (for those with little experience)
- Intermediate Route (for those who have been hiking a few times)
- Hard Route (for those wanting a challenge)

The hikes will all take place in the Falls Creek area and each hike will be ending up at Edmondson Hut for Saturday night. Then on Sunday morning all Boys will hike shortest route back to the cars.

Schedule

Friday

- 2000 Advanced car arrives at Pretty Valley (sets up tents)
- 2300 All other cars arrive (approximate time)

Saturday (3 Different hike route)

- 0630 Wake Up
- 0635 Devotions / breakfast
- 0650 Hike Brief
- 0700 Pack up/prep for hike
- 0730 Hard Route Leaves
- 0800 Drive to the start of the Big River Fire Trail and start hiking
Stop for lunch on the trail when necessary
- 1700 All arrived at Edmondson Hut

Sunday (all hiking the same route)

- 0700 Wake up / breakfast
- 0730 Pack up
- 0800 Begin Hike
- 1030 Finish Hike / car shuffle
- 1100 Travel home

Key Locations

Last Petrol fill up on Friday night:

<https://maps.app.goo.gl/9QUvVLhV5a5jYNUJA>

Pretty Valley Campground:

<https://maps.app.goo.gl/9QUvVLhV5a5jYNUJA>

Start of Big River Fire Trail:

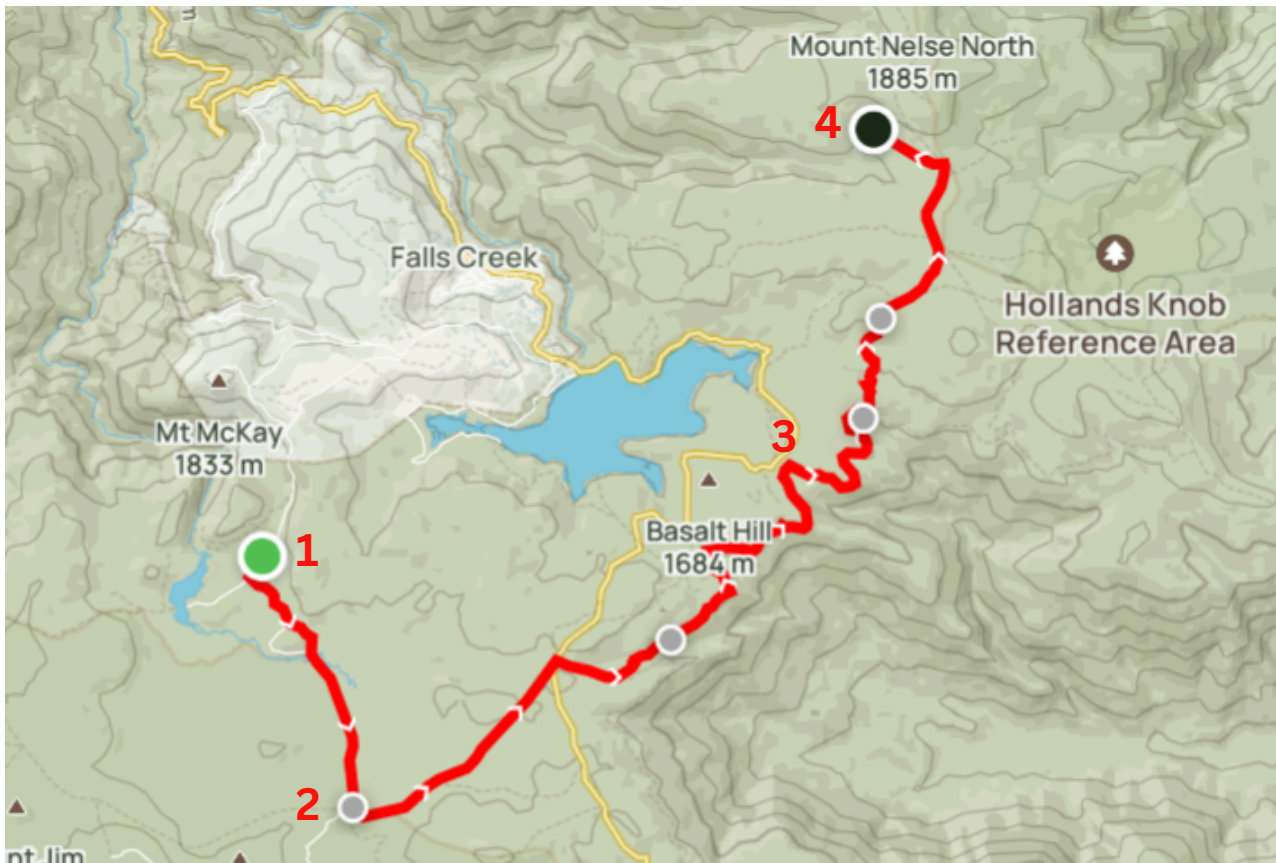
<https://maps.app.goo.gl/tmZ6KorYi4R3Bea46>

Edmondson Hut:

<https://maps.app.goo.gl/D4TkjvqsCe9B7sHHA>

Hard Route

The Introductory Route goes from Pretty Valley Campground to Edmondson Hut. This is approx 20km.



Google Maps Locations:

Start (1): Pretty Valley Campground

<https://maps.app.goo.gl/9QUvVLhV5a5jYNuJA>

Cope Saddle Hut (2): <https://maps.app.goo.gl/Q2eVYDHK9CckUV1C7>

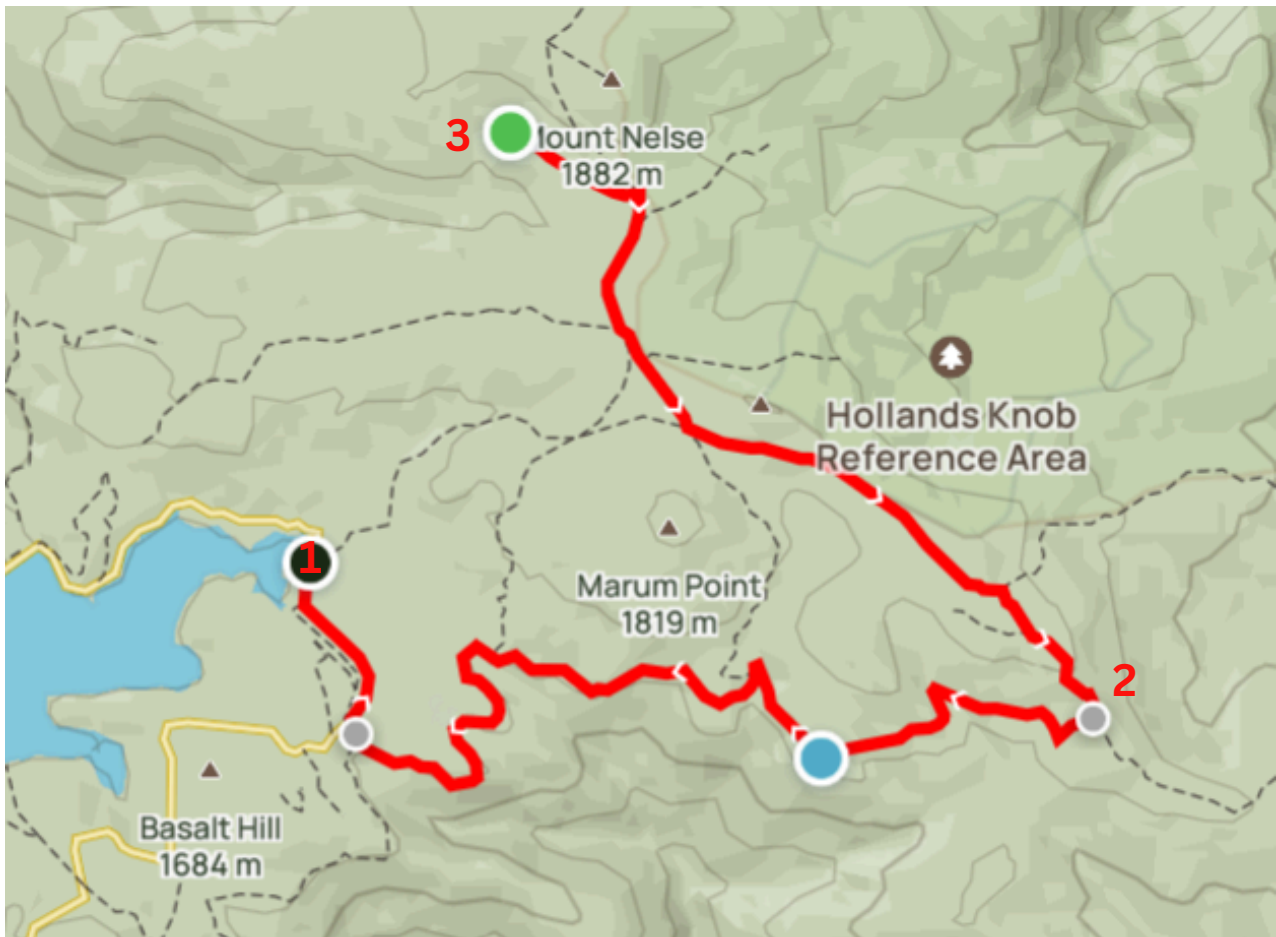
Langford Hut & Campground (3):

<https://maps.app.goo.gl/9DUCLJdaNgYpvA726>

Edmondson Hut (4): <https://maps.app.goo.gl/D4TkjvqsCe9B7sHHA>

Intermediate Route

The Introductory Route goes along the Big River Fire Trail to Edmonson Hut via Federation Hut. This is approx 15km.



Google Maps Locations:

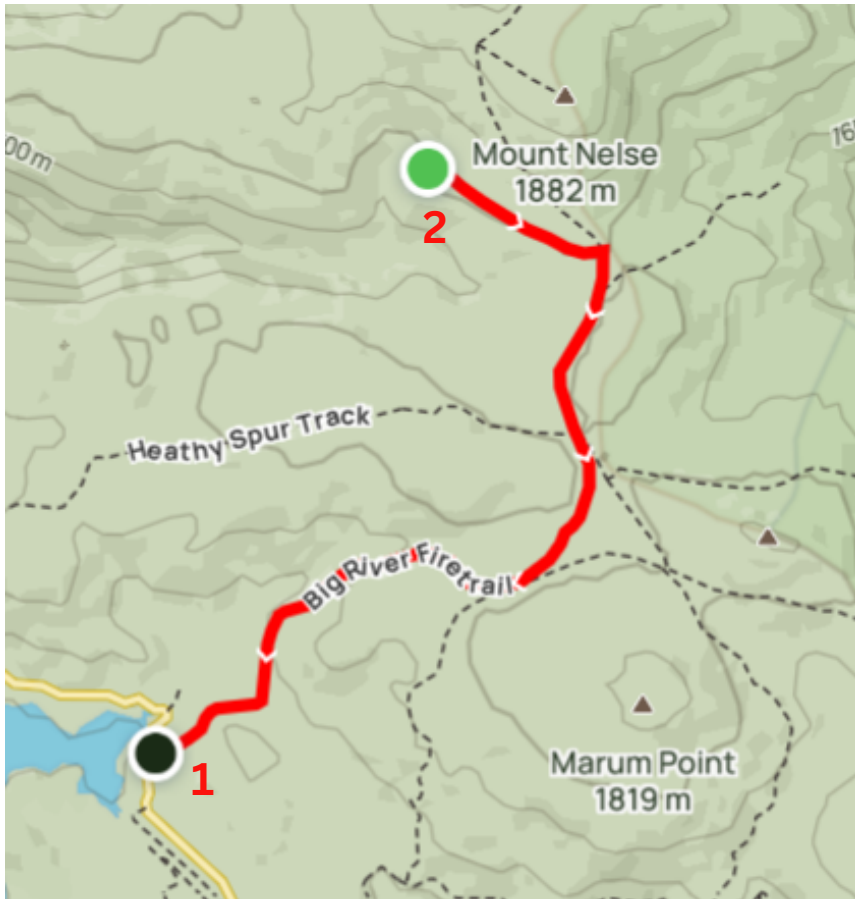
Start: Start of Big River Fire Trail (1)
<https://maps.app.goo.gl/tmZ6KorYi4R3Bea46>

Fitzgeralds Hut (2) : <https://maps.app.goo.gl/TKRogEgy5goKA8Pz8>

Edmondson Hut (3): <https://maps.app.goo.gl/D4TkjvqsCe9B7sHHA>

Introductory Route

The Introductory Route goes along the Big River Fire Trail directly to Edmonson Hut. This is approx 5km.



Google Maps Locations:

Start (1): Start of Big River Fire Trail
<https://maps.app.goo.gl/tmZ6KorYi4R3Bea46>

Edmondson Hut (2): <https://maps.app.goo.gl/D4TkjvqsCe9B7sHHA>

Food, Water & Equipment

All food is to be brought by the Boys/officers at their own expense.
See packing list in appendix for what Boys/officers need to bring.
Spare water will be brought by officers (1L per person)

Equipment: all to be supplied/sourced by individuals, tents, backpacks and stoves can be borrowed from the 14th VIC Werribee Company.

Budget

Expecting 20 Boys

Item	Quantity	Cost	Total Cost Per Boy
Petrol	5 cars	\$750	37.5
Misc Costs (eg printing & water)	X	50	2.5
Total		\$800	\$40

Registration

Registration will be done via the BBVIC online registration system.

For Boys (Werribee): <https://rego.bbvic.com.au/register/ich24?formid=169>

For Leaders (Werribee): <https://rego.bbvic.com.au/register/ich24?formid=171>

For Boys (non Werribee): <https://rego.bbvic.com.au/register/ich24?formid=168>

For Leaders (non Werribee): <https://rego.bbvic.com.au/register/ich24?formid=170>

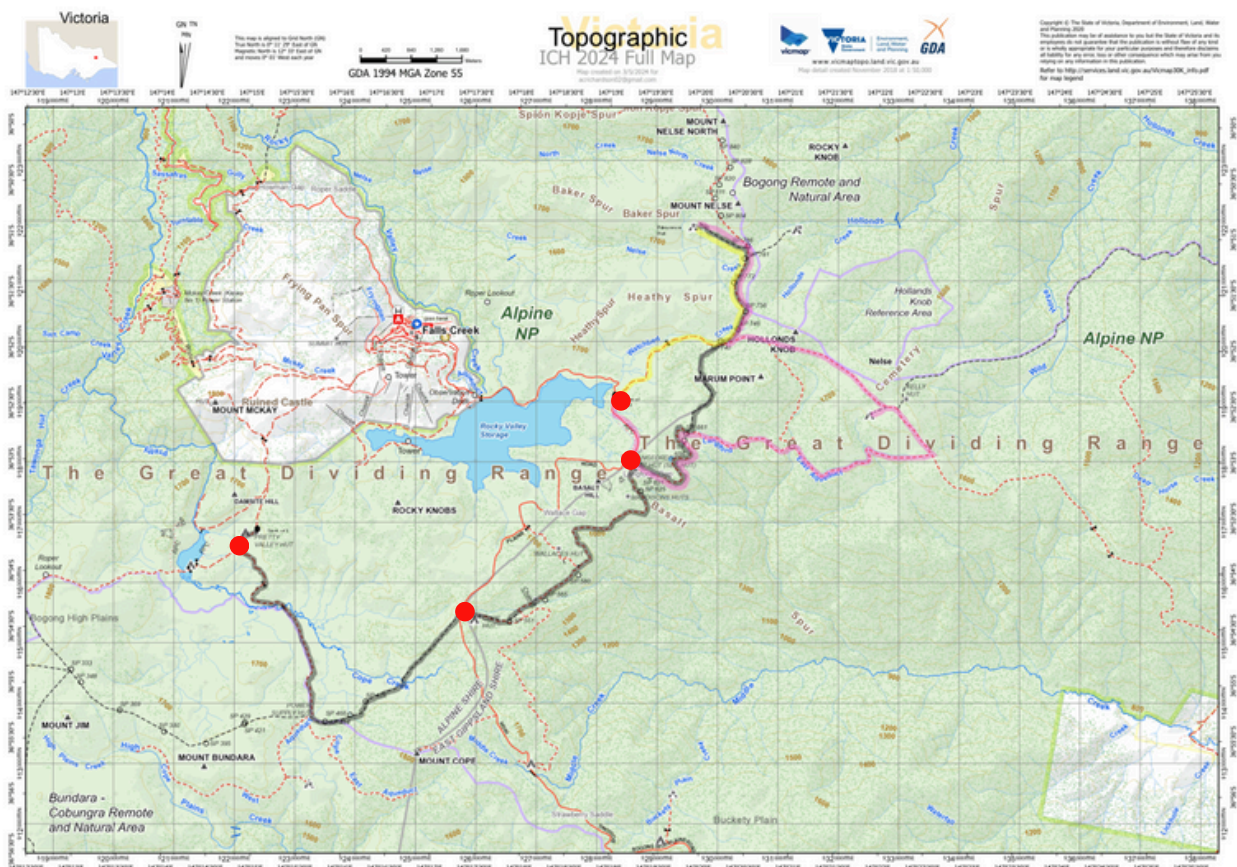
Safety

All relevant safety information is included in the risk assessment, however here is a brief summary of some of the key points.

- Do not hike if it is over 32 degrees.
- Do not hike if it less than -5 degrees.
- Ensure each group has a first aid kit.
- Do regular headcounts to make sure no one is missing.
- We won't be hiking if there is extreme or catastrophic fire danger.

Evac Plan

The red parts of the map below are accessible by car.



Activity:	14 th VIC Werribee Senior's Hike		Age of Participants:	12-60	Maximum Number of Participants:	25			
Location:	Victorian High Country								
Previous Experience of Participants:	Ranges from none to extensive								
Date Completed:	16/04/2022	Completed By:	Alex Richardson (Warrant Officer in the 14 th VIC Werribee Company, The Boys' Brigade)						
Hazard, associated risks and special circumstances relating to the risk:	Likelihood	Consequences	Inherent Risk Assessment	Acceptable Unacceptable	Controls	Controlled Likelihood	Controlled Consequences	Controlled Risk Assessment	Acceptable Unacceptable

Bushfire	P	C	E	X	Not Hiking if the Fire Danger Rating is Severe, Extreme or Catastrophic. Not hiking if there is an active bushfire within 15km of any part of the hike. Subsequently evacuating if any of these conditions are met.	U	Mod	M	✓
Dehydration	P	Ma	E	X	Ensure boys are carrying a minimum 2L of water and ensure officers are all carrying a 500ml bottle of emergency water. Ensure extra water is available on Thursday/Night	U	Mod	M	✓
Heat Stroke	U	Ma	H	X	Not hiking if the temperature is over 32 degrees Celsius. Asking people to bring a hat	R	Ma	H	✓
Broken/Fractured Bone	R	Mod	M	✓	Ensure there is at least one first aid trained person on each hike. Carrying a first aid kit.	R	Mi	L	✓
Sprain	U	Mod	M	✓	Ensure there is at least one first aid trained person on each hike. Carrying a first aid kit.	U	Mi	L	✓

Likelihood of incident occurring: R - Rare; U – Unlikely; P – Possible; L – Likely; A – Almost Certain.
Consequence if incident did occur: I - Insignificant; MI – Minor; Mod – Moderate; Ma – Major; C – Catastrophic.

Likelihood	Consequences				
	Insignificant	Minor	Moderate	Major	Catastrophic
Almost Certain	H - High	H - High	E - Extreme	E - Extreme	E - Extreme
Likely	M - Moderate	H - High	H - High	E - Extreme	E - Extreme
Possible	L - Low	M - Moderate	H - High	E - Extreme	E - Extreme
Unlikely	L - Low	L - Low	M - Moderate	H - High	E - Extreme
Rare	L - Low	L - Low	M - Moderate	H - High	H - High

Risk Acceptability
Acceptable
Unacceptable

CONTROLS: (least to most effective)
Protective Equipment
Training
Separation
Substitution
Re-design
Design

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Venomous Bite eg snake, spider	R	C	H	X	Ensure there is at least one first aid trained person on each hike. Carrying a first aid kit.	R	Mod	M	✓
Anaphylactic Reaction	R	C	H	X	Ensure there is at least one first aid trained person on each hike. Carrying at least one EpiPen in each first aid kit. Ensure any boys with anaphylaxis have their EpiPens.	R	Mod	M	✓
Asthma	U	Ma	E	X	Ensure there is at least one first aid trained person on each hike. Ensure any boys with asthma have their respective medication/equipment with them.	U	Mi	L	✓
Allergic Reaction	P	Ma	E	X	Ensure there is at least one first aid trained person on each hike. Ensure the BB personnel involved in food supply/preparation/serving are aware of food allergies.	U	Mod	M	✓
Hypothermia	U	C	E	X	Not hiking if it is forecast to go below -5 degrees Celsius. Ensure there is at least one first aid trained person on each hike. Carry Emergency Space Blankets	U	Ma	H	✓

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Unlikely	L - Low	L - Low	M - Moderate	H - High	E - Extreme
Rare	L - Low	L - Low	M - Moderate	H - High	H - High

Risk Acceptability	✓	X
Acceptable	✓	
Unacceptable		X

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Hyperthermia	U	Ma	H	X	Hike more slowly in warmer weather and take more drink breaks to avoid overheating. Ensure there is at least one first aid trained person on each hike.	R	Mod	M	✓
Lost (as group)	L	Mod	H	X	Ensure each person has a map. Ensure at least some people are navigating. Give officers time to study the route before the hike. Carry Emergency Locator.	U	Mod	M	✓
Losing an Individual	P	Ma	E	X	Ensure each person has a map. Ensure there is an officer at the front and back of the group. Take head counts during the hike. Staying as one group during the hike.	U	Mod	M	✓
Bad/Severe Weather	P	Ma	E	X	Not hike if there are severe weather warnings issued by the BOM or on the Vic Emergency website or app. Have evacuation plans in place if weather gets too bad.	U	Mod	M	✓
Abduction	R	C	H	X	Ensure there is an officer at the front and back of the group. Take regular head counts. Staying as one group during the hike.	R	Ma	H	✓

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Unlikely	L - Low	L - Low	M - Moderate	H - High	E - Extreme
Rare	L - Low	L - Low	M - Moderate	H - High	H - High

Risk Acceptability

Acceptable ✓
Unacceptable X

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Food Poisoning	P	Mi	M	✓	BB personnel involved in food preparation/supply have the correct level of food handling.	U	Mi	L	✓
Chocking	U	Ma	H	X	Ensure there is at least one first aid trained person on each hike.	U	Mi	L	✓
Blisters	A	Mi	H	X	Carry a first-aid kit Encourage people to wear hiking boots (or runners if hiking boots cause blisters).	P	Mi	M	✓
Sunburn	A	Ma	E	X	Encourage people to bring sunscreen. Encourage re-applying.	P	Mi	M	✓
Exhaustion	U	Ma	H	✓	Check-in with people to see how they are going Slowing down the pace if necessary.	R	Mod	M	✓

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Likely	M - Moderate	H - High	H - High	E - Extreme	E - Extreme
Possible	L - Low	M - Moderate	H - High	E - Extreme	E - Extreme
Unlikely	L - Low	L - Low	M - Moderate	H - High	E - Extreme
Rare	L - Low	L - Low	M - Moderate	H - High	H - High

Risk Acceptability

Acceptable ✓
Unacceptable X

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Back Injury	P	Mod	H	X	Encourage people not to carry excessive weight. Make proper hiking packs available to everyone.	U	Mod	M	✓
Burns	U	Ma	H	X	An officer to supervise flame at all times No use of liquid fuels (in line with BBVIC Policy). Ensure there is at least one first aid trained person on each hike.	R	Mod	M	✓
Covid	U	Mod	M	✓	Follow directions from Camp Director and BBV concerning Covid 19.	R	Mod	M	✓
Emotional Breakdown	U	Ma	H	X	Check in with people to see how they are going. Removing stressors (eg not going on about time pressure) No tolerance for bullying.	R	Mod	M	✓
Misc. Medical Issue	P	Ma	H	X	Ensure there is at least one first aid trained person on each hike. Carry a first aid kit.	P	Mod	H	✓

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Almost Certain	H - High	H - High	E - Extreme	E - Extreme	E - Extreme
Likely	M - Moderate	H - High	H - High	E - Extreme	E - Extreme
Possible	L - Low	M - Moderate	H - High	E - Extreme	E - Extreme
Unlikely	L - Low	L - Low	M - Moderate	H - High	E - Extreme
Rare	L - Low	L - Low	M - Moderate	H - High	H - High

Risk Acceptability	
Acceptable	✓
Unacceptable	X

CONTROLS: (least to most effective)	
Protective Equipment	↑
Training	
Separation	
Substitution Re-design Design	

Back Up Route

Mount Bogong - Cradle Mountain

If we are unable to do the Edmonson Hut Route then the back up plan is to go up Bogong. This back up hike will have all Boys and Leaders doing one route.

On Friday night we will camp at Mountain Creek Campground.

Saturday morning we will drive to the start of Eskdale Spur.

Saturday night, if weather permits we will sleep at Cradle Mountain

Hut or if conditions are not suitable, hiking back down to the cars and sleep at Mountain Creek Campground again.

Packing List

For Boys and officers.

Clothing

- Hat
- Hiking Boots
- Thick Socks
- Warm Clothes (ideally thermals)
- Sun-smart breathable shirt
- Spare change of clothes
- Water proof Jacket and pants

Sleeping

- Sleeping Bag
- Pillow (optional)
- Tent
- Sleeping Mat

Food

- 2x Breakfast
- 2x Lunch
- 1x Dinner
- Snacks
- Cooking Pot
- Stove
- Gas Canister
- Water Bottle(s)
 - At least 3L for hiking and 1L for the car

More information about what to bring hiking can be found on hub14 in the 'hiking information pack'.
www.hub14.com.au/hiking

Other

- Sun-screen
- Hiking Pack
- Torch

Pre-Hike Checklist

- Do all persons have min 3L of water?
- Do all persons have respective tent components?
- Has sufficient cooking gear been distributed?
- Do officers have correct lists of which Boys are in their groups?
- Do officers have hike plan packs?
- Do all Boys have a map?
- Does each group have a first aid kit?
- Is the EPIRB with the group hiking the furthest?
- Have we prayed before leaving?

Back Up Route Print Map

To be added in at a later date

Flyer



INTERCOMPANY HIKE

NOVEMBER 15-17

JOIN THE ADVENTURE WITH MATES FROM ACROSS MELBOURNE

3

Three routes:
Introductory (5km)
Intermediate (15km)
Hard (20km)



Fancy a great weekend away up a mountain with a load of seniors from across Melbourne? Then sign up asap for this year's intercompany hike.

We'll be going up to Falls Creek for the weekend.

If you're not from Werribee, the event will attract a \$40 attendance fee to cover petrol. If you're from Werribee this event has been included in your annual fees.

REGISTER TODAY

rego.bbvic.com.au

Alex Richardson | 0448 612 299
arichardson@bbvic.com.au

Want more info about hiking?
www.hub14.com.au/hiking



for the advancement of Christ's Kingdom among Boys