

FOR THE ADVANCEMENT OF CHRIST'S KINGDOM AMONG BOYS AND THE PROMOTION OF HABITS OF OBEDIENCE, REVERENCE, DISCIPLINE, SELF-RESPECT AND ALL THAT TENDS TOWARDS A TRUE CHRISTIAN MANLINESS. FOR THE ADVANCEMENT OF CHRIST'S KINGDOM AMONG BOYS AND THE PROMOTION OF HABITS OF OBEDIENCE, REVERENCE, DISCIPLINE, SELF-RESPECT AND ALL THAT TENDS TOWARDS A TRUE CHRISTIAN MANLINESS. FOR THE

HIKE

State Camp 2022

Hike Plan

The Boys' Brigade Victoria



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Premise

This hike plan fits into the Senior State Camp 2022 Itinerary. This plan covers from 9:30am on Thursday the 13th of January to 10am on Friday the 14th of January.

Alphas and Omegas will be going on separate hikes the details of which are included in this document.

The Omegas will be hiking 16.3km and the Alphas 10km.

The meals eaten on the hike will be:

- Thursday Lunch
- Thursday Dinner
- Friday Breakfast

As it has likely been a long time since many boys have been able to go hiking or exercise generally, boys will not be required to carry tents or stoves. These will be left in the cars at the area the boys are camping at.

All questions about this hike can be directed to:

Alex Richardson

arichardson@bbvic.com.au

0448 612 299

Change to Camp Itinerary

To allow for maximum time for the hike the following change in the Camp Itinerary for Thursday morning is proposed. The rest of the planning document has been written assuming the change has been made.

Current Plan

7.00 Rise
7.15
7.30
7.45 Breakfast
8.00
8.15
8.30 Devo/Worship
8.45
9.00
9.15
9.30 Hike Debrief
9.45
10.00
10.15 Leave for Hike

New Plan

7.00 Rise
7.15 Breakfast
7.30
7.45 Devo/Worship
8.00
8.15
8.30
8.45 Hike Debrief
9.00
9.15
9.30 Leave for Hike

Alphas' Hike

Years 7-9

ITINERARY

Thursday

8:45	Hike Briefing	Main Hall	Alex Richardson
9:00	Pack for Hike	-	-
9:30	Depart	-	-
10:45	Begin Hike	-	Andrew McLean
1:00	Lunch	-	-
4:00	Finish Hike	SEC Campground	
5:00	Dinner	SEC Campground	

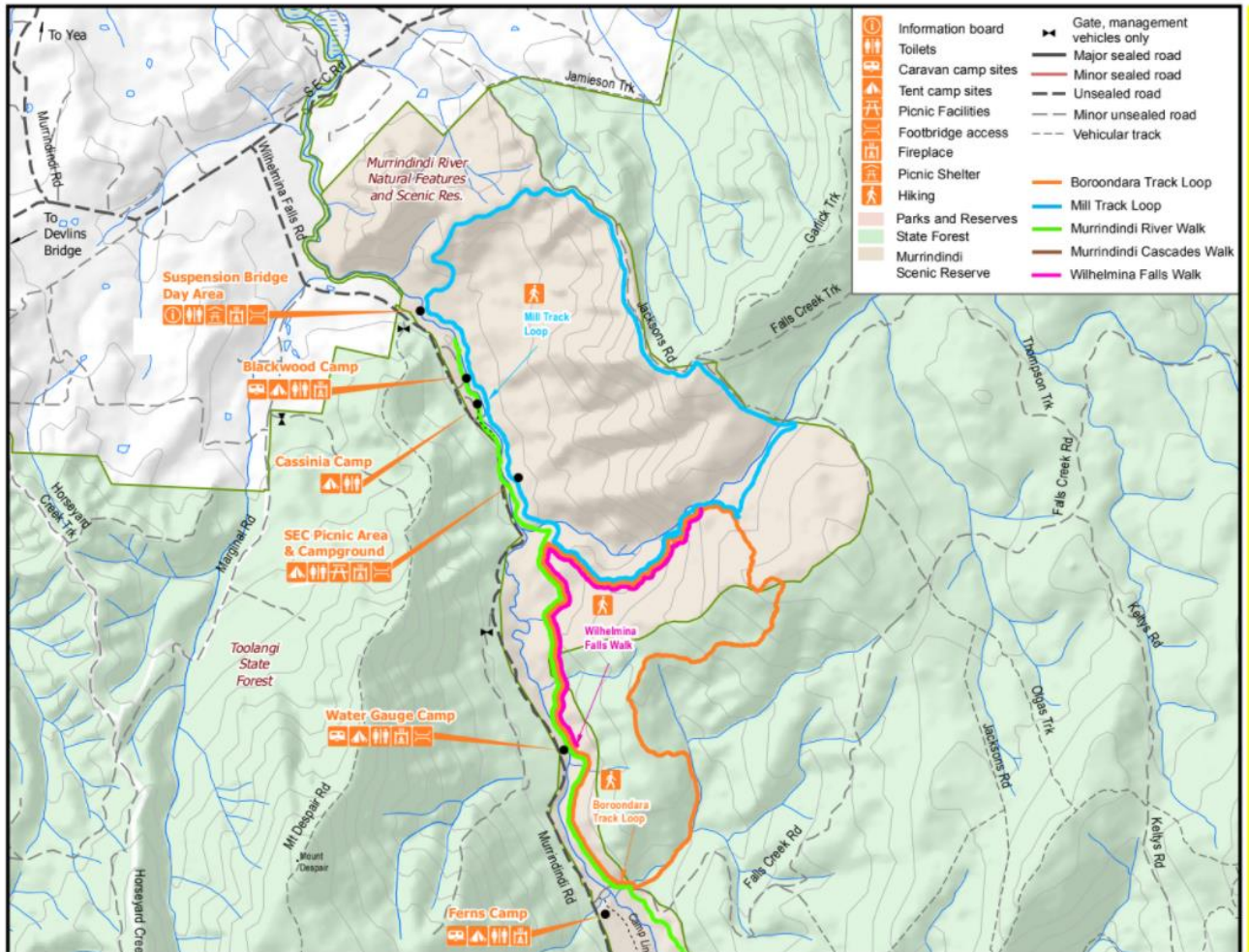
Friday

7:00	Get Up	SEC Campground	
7:30	Breakfast	SEC Campground	
8:00	Return to Camp McLaren		
9:30	Arrive at Camp McLaren		

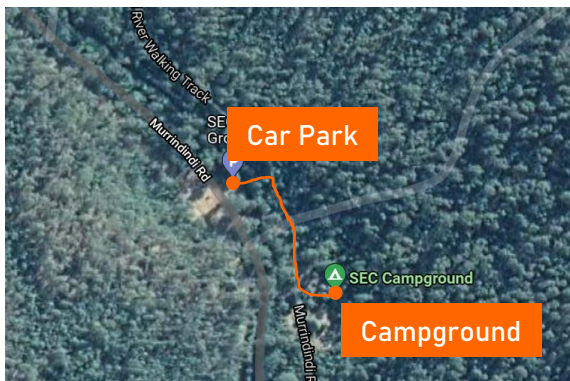
Route

The Alphas will be walking along the Mill Track Loop. Starting from and finishing at the SEC Campground. The entire loop is approx. 10km and takes 3-4 hours to complete.

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MURRINDINDI SCENIC RESERVE
FS0009



SEC Campground

The cars will be parked at the SEC Picnic Ground and then it is an approx. 100m walk to the campground.

The cost for hiring this campground is \$21.

Transport

All 13 Boys and 4 Officers are to travel to the campground in the following configuration:

Andrew McLean's Car (5 boys + Ben Kiss)

Michel Brown's Car (4 boys)

Colin Woodthrope's Car (4 boys)

On Friday morning the group will travel back in the same configuration.

Food & Drink

Lunch on Thursday

Boys and officers are given a filled roll and a piece of fruit. This is given to boys before they leave Camp McLaren.

Approx. cost: \$4 per person.

Dinner on Thursday

Boys and officers cook their own meals on gas stoves.

These can be purchased from Woolworths for an approx. cost of \$2.50 per person.

Breakfast on Friday

Boys and officers can eat breakfast bars which can be purchased from Woolworths for a total of \$18.

Water

Boys to carry a minimum of 2L

Officers to carry a minimum of 2L + 500ml emergency bottle

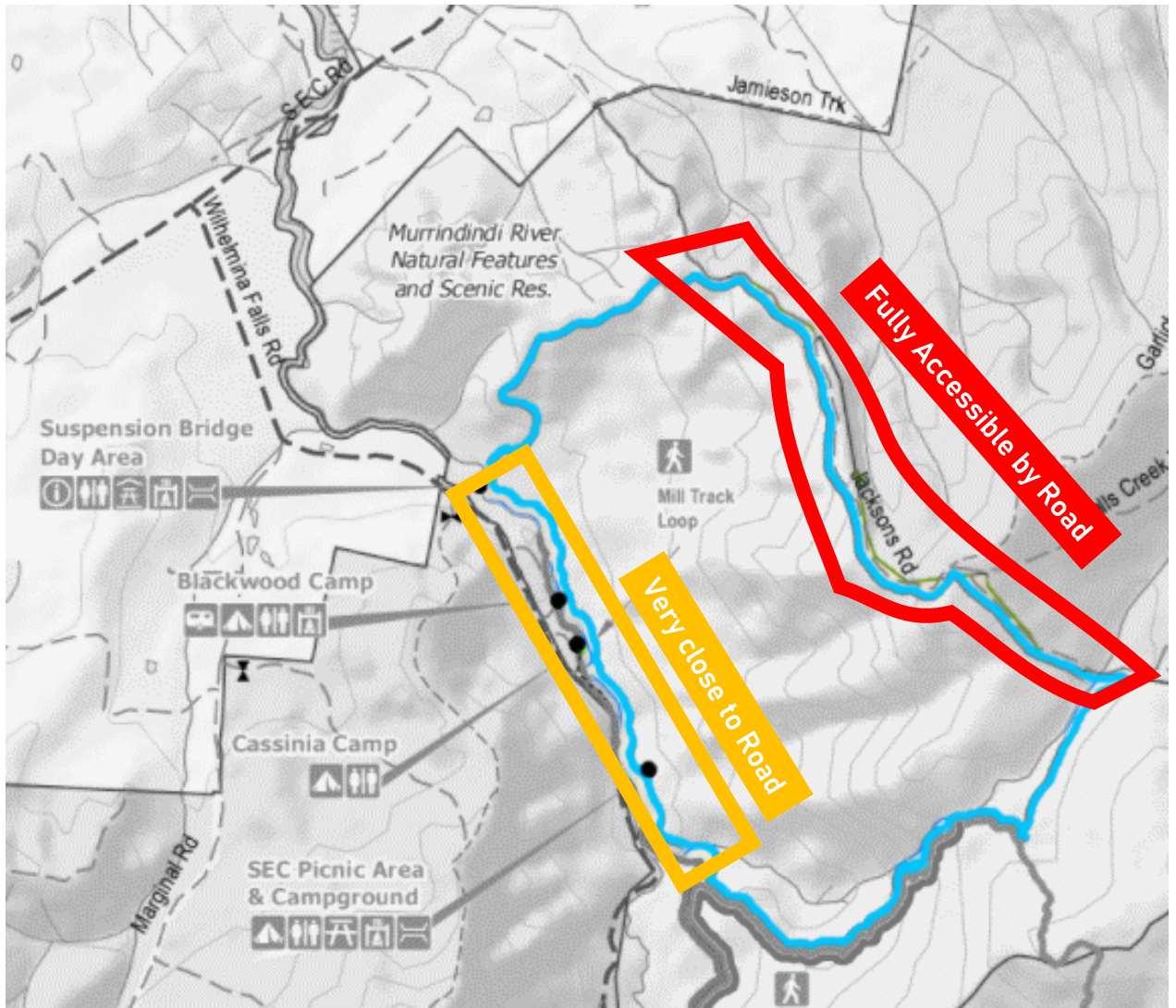
Spare water bottles to be stored in one of the cars left at Andersons Mill Camping Ground.

Approx. Cost: \$10 total

Total Cost: \$132 (approx.)

Evac Plan

Hike shortest route back to cars.



Omegas' Hike

Years 10-12

ITINERARY

THURSDAY

9:30	Hike Briefing	Main Hall	Alex Richardson
9:45	Pack for Hike	Tents	Tent Line Officers
10:15	Depart	(See Page XX for more details)	
12:00	Begin Hike	-	Alex Richardson
1:00	Lunch	-	-
5:00	Dinner	Marysville	Alex Richardson
7:00	Arrive at Campsite	Andersons Mill	
8:00	Short Devotion (optional)		

FRIDAY

7:15	Get Up & Pack Up		
8:00	Breakfast Served (See Page xx for more details)		
8:45	Leave Andersons Mill Camping Ground		
11:15	Arrive at Camp McLaren		

Officer in Charge: Alex Richardson

Officers on Hike: Phillip Baes, Caleb Smith

Officers Assisting with Transport on Thursday:

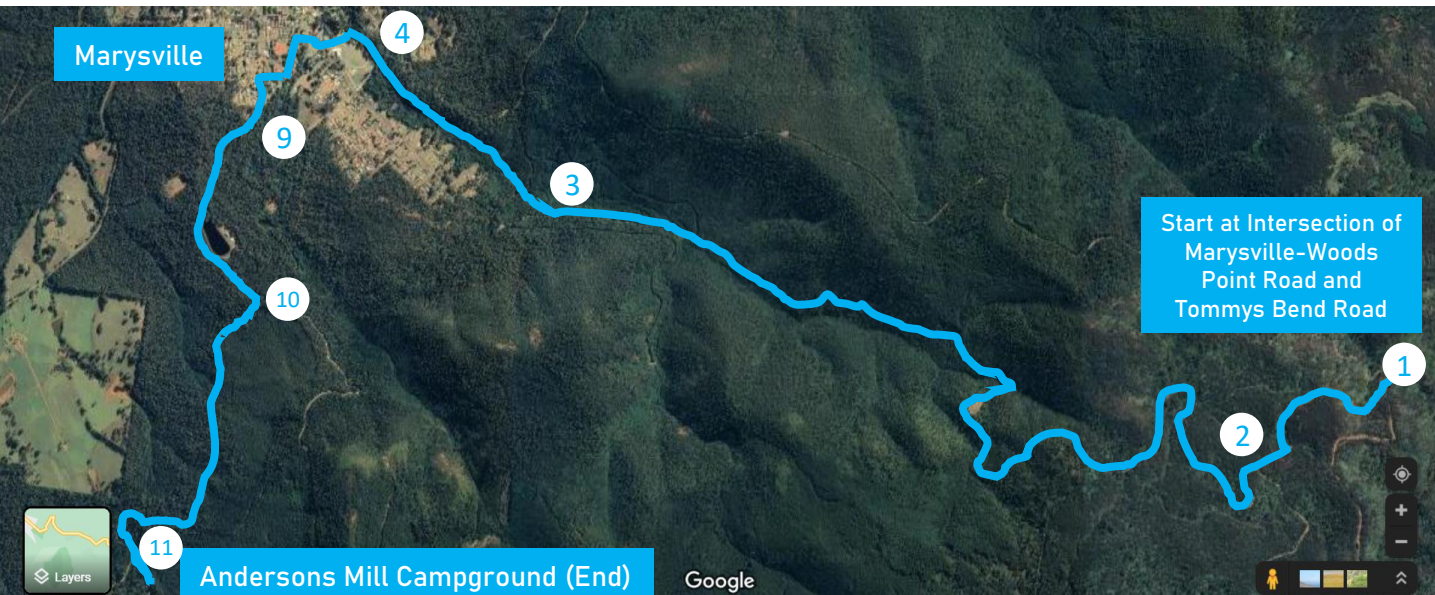
Matthew, Evan, Casey, Jeremy and Sam.

Officers Assisting with Food/Transport on Friday: Sam & Casey

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Route

The Omegas will be hiking from Tommys Bend Road to Andersons Mill Campground via Marysville.



The whole journey is 16.3km long with an estimated time of 6-7 hours (including stops).



Hike Directions

1. Start on Tommys Bend Road
2. Turn Right onto Yellow Dog Road
3. Turn Right into Tree Fern Gully Track
(or left if taking the Extra Route (see next page))
4. Stop at Gallipoli Park for dinner
5. Turn Left onto Buxton-Marysville Road
6. Turn Left onto Pack Road
7. Turn Right onto Kings Road
8. Turn Left onto Lyell Street
9. Bear Right onto Paradise Plains Road
10. Turn Right onto Anderson Mill Road
11. Turn left into Anderson Mill Camping Ground

↑ 220 m · ↓ 671 m



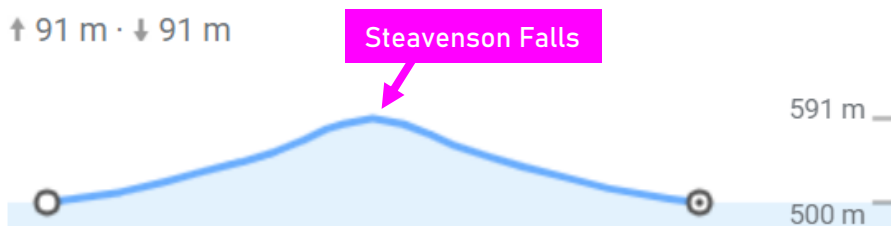
Extra Route

If the Omegas are progressing too quickly then the following extra route to Steavenson Falls is available.



This route is 2.4km one way and so will add an extra 4.8km onto the whole route.

This extra route travels along the Tree Fern Gully Track both ways.



Transport

This transport plan is based on 12 boys and 3 officers attending the omegas hike.

Travelling to the Hike (Thursday Morning)

- 10:15 Phillip, Caleb and Jeremy all drive to Andersons Mill Camping Ground in separate cars. Evan^(3 boys +Alex), Casey^(3 boys), Matt^(3boys), and Sam^(3 boys) travel to the starting location.
- 11:15 Phillip and Caleb leave their cars at Andersons Mill Camping Ground and Jeremy drives them to the starting location.
- 11:40 Jeremy drops Phillip and Caleb at the starting location. Evan, Casey, Matt and Sam drop Alex + 11 boys at the starting location. Evan, Casey and Matt return to Camp McLaren.

Travelling from the Hike (Friday Morning)

Driver	Who's in the Car?
Caleb Smith	3 boys + Alex Richardson
Phillip Baes	3 boys
Sam Stuchbery	3 boys
Casey Cooke	3 boys

Food & Drink

Lunch on Thursday

Boys and officers are given a filled roll and a piece of fruit. This is given to boys before they leave Camp McLaren.

Approx. cost: \$4 per person.

Dinner on Thursday

Fish and Chips is to be purchased from Marysville Take Away when the group walks through the town centre. Dinner can be eaten in Gallipoli Park at the end of the high street (by the stream).

Approx. cost: \$11 per person.

Breakfast on Friday

Bacon Sandwiches to be served at Andersons Mill Camping Ground by the kitchen team.

Approx. cost: \$3 per person.

Water

Boys to carry a minimum of 2L

Officers to carry a minimum of 2L + 500ml emergency bottle

Spare water bottles to be stored in one of the cars left at Andersons Mill Camping Ground.

Approx. Cost: \$10 total

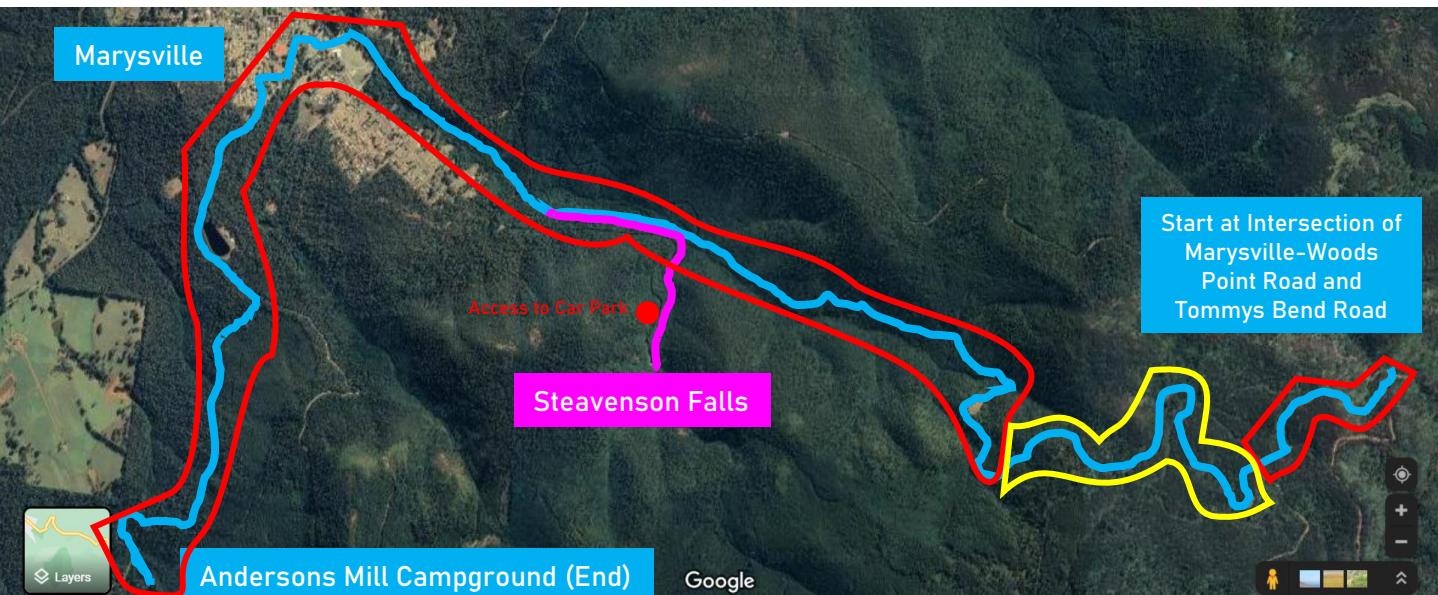
Total Cost: \$280 (approx.)

Evac Plan

If there is a need to evacuate during the hike, then it is recommended that the group makes its way as quickly as possible to Marysville, unless it is quicker to go to the cars located at Andersons Mill Camping Ground.

If there is a need to evacuate while at Andersons Mill Camping Ground then it is recommended that the cars be utilised to move everyone to safety.

The Yellow Dog Road is only accessible by 4WD.



- Route within Red Border can be access by cars
- Route within Yellow Border can be accessed by 4WD only

Equipment (for both hikes)

There will be approximately 25 boys and 6 officers attending the hikes.

We will require the following equipment:

Item	Quantity	Source
Tents	13	-Boys to bring their own -Back up tents??
Stoves	6	??
Space Blankets	30	?
First Aid Kits	2	?
Emergency Locators	2	1 from Werribee 1 from ?

Budget (for both hikes)

Here is a budget for both the hikes. Equipment is not included in this budget and the cost for food is subject to change depending on the Kitchen Team.

Item	Cost
Alphas Food	132
Campground Hire	21
Omegas Food	280
Total	433

Safety

“Safe hike’s a good hike”

All relevant safety information is contained in the Risk Assessment.

The other page in this section of the document displays some of the information from the risk assessment in a more accessible format.

Activity:	Senior State Camp Hike	Age of Participants:	12-60	Maximum Number of Participants:	40
Location:	Murrindindi Shire	Previous Experience of Participants: Ranges from none to extensive			
Date Completed:	29/12/2021	Completed By:	Alex Richardson (Ssgt. in the 14 th VIC Werribee Company, The Boys' Brigade)		
Hazard, associated risks and special circumstances relating to the risk:		Likelihood	Consequences	Injury Risk Assessment	Acceptable/Unacceptable

Bushfire	P	C	E	X	Not Hiking if the Fire Danger Rating is Severe, Extreme or Catastrophic. Not hiking if there is an active bushfire within 15km of any part of the hike. Subsequently evacuating if any of these conditions are met.	U	Mod	M	✓
Dehydration	P	Ma	E	X	Ensure boys are carrying a minimum 2L of water and ensure officers are all carrying a 500ml bottle of emergency water. Ensure extra water is available on Thursday Night	U	Mod	M	✓
Heat Stroke	U	Ma	H	X	Not hiking if the temperature is over 32 degrees Celsius. Asking people to bring a hat	R	Ma	H	✓
Broken/Fractured Bone	R	Mod	M	✓	Ensure there is at least one first aid trained person on each hike. Carrying a first aid kit.	R	Mi	L	✓
Sprain	U	Mod	M	✓	Ensure there is at least one first aid trained person on each hike. Carrying a first aid kit.	U	Mi	L	✓

Likelihood of incident occurring: R - Rare; U – Unlikely; P – Possible; L – Likely; A – Almost Certain.
Consequence if incident did occur: I - Insignificant; Mi – Minor; Mod – Moderate; Ma – Major; C – Catastrophic.

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Likelihood	Insignificant	Minor	Moderate	Major	Catastrophic
Almost Certain	H - High	H - High	E - Extreme	E - Extreme	E - Extreme
Likely	M - Moderate	H - High	H - High	E - Extreme	E - Extreme
Possible	L - Low	M - Moderate	H - High	E - Extreme	E - Extreme
Unlikely	L - Low	L - Low	M - Moderate	H - High	E - Extreme
Rare	L - Low	L - Low	M - Moderate	H - High	H - High

Risk Acceptability

Acceptable ✓
Unacceptable X

CONTROLS: (least to most effective)
 Protective Equipment
 Training
 Separation
 Substitution
 Re-design
 Design



Activity:	Senior State Camp Hike		Age of Participants:	12-60	Maximum Number of Participants:	40			
Location:	Murrindindi Shire		Previous Experience of Participants: Ranges from none to extensive						
Date Completed:	29/12/2021	Completed By:	Alex Richardson (Ssgt. in the 14 th VIC Werribee Company, The Boys' Brigade)						
Hazard, associated risks and special circumstances relating to the risk:	Likelihood	Consequences	Injury Risk Assessment	Acceptable/Unacceptable	Controls	Controlled Likelihood	Controlled Consequences	Controlled Risk Assessment	Acceptable/Unacceptable

Venomous Bite eg snake, spider	R	C	H	X	Ensure there is at least one first aid trained person on each hike. Carrying a first aid kit.	R	Mod	M	✓
Anaphylactic Reaction	R	C	H	X	Ensure there is at least one first aid trained person on each hike. Carrying at least one EpiPen in each first aid kit. Ensure any boys with anaphylaxis have their EpiPens.	R	Mod	M	✓
Asthma	U	Ma	E	X	Ensure there is at least one first aid trained person on each hike. Ensure any boys with asthma have their respective medication/equipment with them.	U	Mi	L	✓
Allergic Reaction	P	Ma	E	X	Ensure there is at least one first aid trained person on each hike. Ensure the 88 personnel involved in food supply/preparation/serving are aware of food allergies.	U	Mod	M	✓
Hypothermia	U	C	E	X	Not hiking if it is forecast to go below -5 degrees Celsius. Ensure there is at least one first aid trained person on each hike. Carry Emergency Space Blankets	U	Ma	H	✓

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Likelihood of incident occurring: R - Rare; U – Unlikely; P – Possible; L – Likely; A – Almost Certain.
Consequence if incident did occur: I - Insignificant; Mi – Minor; Mod – Moderate; Ma – Major; C – Catastrophic.

Likelihood	Insignificant	Minor	Moderate	Major	Catastrophic
Almost Certain	H - High	H - High	E - Extreme	E - Extreme	E - Extreme
Likely	M - Moderate	H - High	H - High	E - Extreme	E - Extreme
Possible	L - Low	M - Moderate	H - High	E - Extreme	E - Extreme
Unlikely	L - Low	L - Low	M - Moderate	H - High	E - Extreme
Rare	L - Low	L - Low	M - Moderate	H - High	H - High

Risk Acceptability

Acceptable ✓
Unacceptable X

CONTROLS: (least to most effective)

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Activity:	Senior State Camp Hike		Age of Participants:	12-60	Maximum Number of Participants:	40			
Location:	Murrindindi Shire		Previous Experience of Participants: Ranges from none to extensive						
Date Completed:	29/12/2021	Completed By:	Alex Richardson (Ssgt. in the 14 th VIC Werribee Company, The Boys' Brigade)						
Hazard, associated risks and special circumstances relating to the risk:	Likelihood	Consequences	Injury Risk Assessment	Acceptable/Unacceptable	Controls	Controlled Likelihood	Controlled Consequences	Controlled Risk Assessment	Acceptable/Unacceptable

Hyperthermia	U	Ma	H	X	Hike more slowly in warmer weather and take more drink breaks to avoid overheating Ensure there is at least one first aid trained person on each hike.	R	Mod	M	✓
Lost (as group)	L	Mod	H	X	Ensure each person has a map. Ensure at least some people are navigating. Give officers time to study the route before the hike. Carry Emergency Locator.	U	Mod	M	✓
Losing an Individual	P	Ma	E	X	Ensure each person has a map. Ensure there is an officer at the front and back of the group. Take head counts during the hike. Staying as one group during the hike.	U	Mod	M	✓
Bad/Severe Weather	P	Ma	E	X	Not hike if there are severe weather warnings issued by the BOM or on the Vic Emergency website or app. Have evacuation plans in place if weather gets too bad.	U	Mod	M	✓
Abduction	R	C	H	X	Ensure there is an officer at the front and back of the group. Take regular head counts. Staying as one group during the hike.	R	Ma	H	✓

Likelihood of incident occurring: R - Rare; U – Unlikely; P – Possible; L – Likely; A – Almost Certain.
Consequence if incident did occur: I - Insignificant; MI – Minor; Mod – Moderate; Ma – Major; C – Catastrophic.

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Likelihood	Insignificant	Minor	Moderate	Major	Catastrophic
Almost Certain	H - High	H - High	E - Extreme	E - Extreme	E - Extreme
Likely	M - Moderate	H - High	H - High	E - Extreme	E - Extreme
Possible	L - Low	M - Moderate	H - High	E - Extreme	E - Extreme
Unlikely	L - Low	L - Low	M - Moderate	H - High	E - Extreme
Rare	L - Low	L - Low	M - Moderate	H - High	H - High

Risk Acceptability

Acceptable ✓

Unacceptable X

CONTROLS: (least to most effective)

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Activity:	Senior State Camp Hike	
Location:	Murrindindi Shire	Age of Participants: 12-60
Previous Experience of Participants:	Ranges from none to extensive	
Date Completed:	29/12/2021	Completed By: Alex Richardson (Ssgt. in the 14 th VIC Werribee Company, The Boys' Brigade)
Hazard, associated risks and special circumstances relating to the risk:	Likelihood	Consequences
	Inherent Risk Assessment	Acceptable/Unacceptable
	Controls	Controlled Likelihood
		Controlled Consequences
		Controlled Risk Assessment
		Acceptable/Unacceptable

Food Poisoning	P	Mi	M	✓	88 personnel involved in food preparation/supply have the correct level of food handling.	U	Mi	L	✓
Chocking	U	Ma	H	X	Ensure there is at least one first aid trained person on each hike.	U	Mi	L	✓
Blisters	A	Mi	H	X	Carry a first-aid kit Encourage people to wear hiking boots (or runners if hiking boots cause blisters).	P	Mi	M	✓
Sunburn	A	Ma	E	X	Encourage people to bring sunscreen. Encourage re-applying.	P	Mi	M	✓
Exhaustion	U	Ma	H	✓	Check-in with people to see how they are going Slowing down the pace if necessary.	R	Mod	M	✓

Likelihood of incident occurring: R - Rare; U – Unlikely; P – Possible; L – Likely; A – Almost Certain.
Consequence if incident did occur: I - Insignificant; Mi – Minor; Mod – Moderate; Ma – Major; C – Catastrophic.

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Likelihood	Consequences			
	Insignificant	Minor	Moderate	Major
Almost Certain	H - High	H - High	E - Extreme	E - Extreme
Likely	M - Moderate	H - High	H - High	E - Extreme
Possible	L - Low	M - Moderate	H - High	E - Extreme
Unlikely	L - Low	L - Low	M - Moderate	H - High
Rare	L - Low	L - Low	M - Moderate	H - High

Risk Acceptability

Acceptable ✓
Unacceptable X

CONTROLS: (least to most effective)

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Activity:	Senior State Camp Hike		Age of Participants:	12-60	Maximum Number of Participants:	40			
Location:	Murrindindi Shire		Previous Experience of Participants: Ranges from none to extensive						
Date Completed:	29/12/2021	Completed By:	Alex Richardson (Ssgt. in the 14 th VIC Werribee Company, The Boys' Brigade)						
Hazard, associated risks and special circumstances relating to the risk:	Likelihood	Consequences	Injury Risk Assessment	Acceptable/Unacceptable	Controls	Controlled Likelihood	Controlled Consequences	Controlled Risk Assessment	Acceptable/Unacceptable

Back Injury	P	Mod	H	X	Encourage people not to carry excessive weight. Make proper hiking packs available to everyone.	U	Mod	M	✓
Burns	U	Ma	H	X	An officer to supervise flame at all times No use of liquid fuels (in line with BBVic Policy). Ensure there is at least one first aid trained person on each hike.	R	Mod	M	✓
Covid	U	Mod	M	✓	Follow directions from Camp Director and BBV concerning Covid19.	R	Mod	M	✓
Emotional Breakdown	U	Ma	H	X	Check in with people to see how they are going. Removing stressors (eg not going on about time pressure) No tolerance for bullying.	R	Mod	M	✓
Misc. Medical Issue	P	Ma	H	X	Ensure there is at least one first aid trained person on each hike. Carry a first aid kit.	P	Mod	H	✓

Likelihood of incident occurring: R - Rare; U – Unlikely; P – Possible; L – Likely; A – Almost Certain.
Consequence if incident did occur: I - Insignificant; MI – Minor; Mod – Moderate; Ma – Major; C – Catastrophic.

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Likelihood	Consequences			
	Insignificant	Minor	Moderate	Major
Almost Certain	H - High	H - High	E - Extreme	E - Extreme
Likely	M - Moderate	H - High	H - High	E - Extreme
Possible	L - Low	M - Moderate	H - High	E - Extreme
Unlikely	L - Low	L - Low	M - Moderate	H - High
Rare	L - Low	L - Low	M - Moderate	H - High

Risk Acceptability

Acceptable ✓
Unacceptable X

CONTROLS: (least to most effective)

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Cancelation Triggers

If any of the following conditions are met, then the hiking component of State Camp 2022 will be cancelled and the “Back Up Plan” (included at the back of this document) will come into effect.

	Condition	What happens if condition is met while the hike is in progress ?
1	If the Fire Danger Rating is Severe, Extreme or Catastrophic.	Follow Evacuation plan Immediately
2	If there is an active bushfire displayed on the Vic Emergency website/app within a 15km radius of any part of a hike.	Follow Evacuation plan Immediately
3	If the temperature is forecast by the BOM to be over 32°C	Hike more slowly, take more water breaks
4	If the temperature is forecast by the BOM to be under -5°C	Use emergency blankets if necessary
5	If a severe weather warning for the area we are hiking in is issued by the BOM or through the Vic Emergency website/app.	Follow Evacuation Plan if necessary



Appendices

For both hikes

- A** Hike Leaders' Pre-Hike Check List
- B** Boys' Check List
- C** Emergency Info Pack
- D** Alphas' Map
- E** Omegas' Map

Hike Leaders' Pre-Hike Check List

- First Aid Kit is packed
- Hike First Aid Trained person has been Identified
- Boys requiring specific medical equipment have it.
- Are there spare bottles of water in the back of the correct cars?
- Is the cooking equipment (alphas' only) and tents (both hikes) in the back of the cars?
- Do all officers have a list of what boys are going on the hike?
- Do officers have 500ml emergency water?
- Have the maps been handed out?

Boys'/Officers Pre-Hike Check List

- 2L of water
- Hat (preferable broad brimmed)
- Specific medical equipment (eg asthma pump, EpiPen)
- Emergency blanket
- Map
- Sunscreen
- Lunch & Snack

Emergency Info Pack

The Emergency Info Pack contains all relevant details of boys and officers so that when necessary appropriate first aid can be applied.

Name:

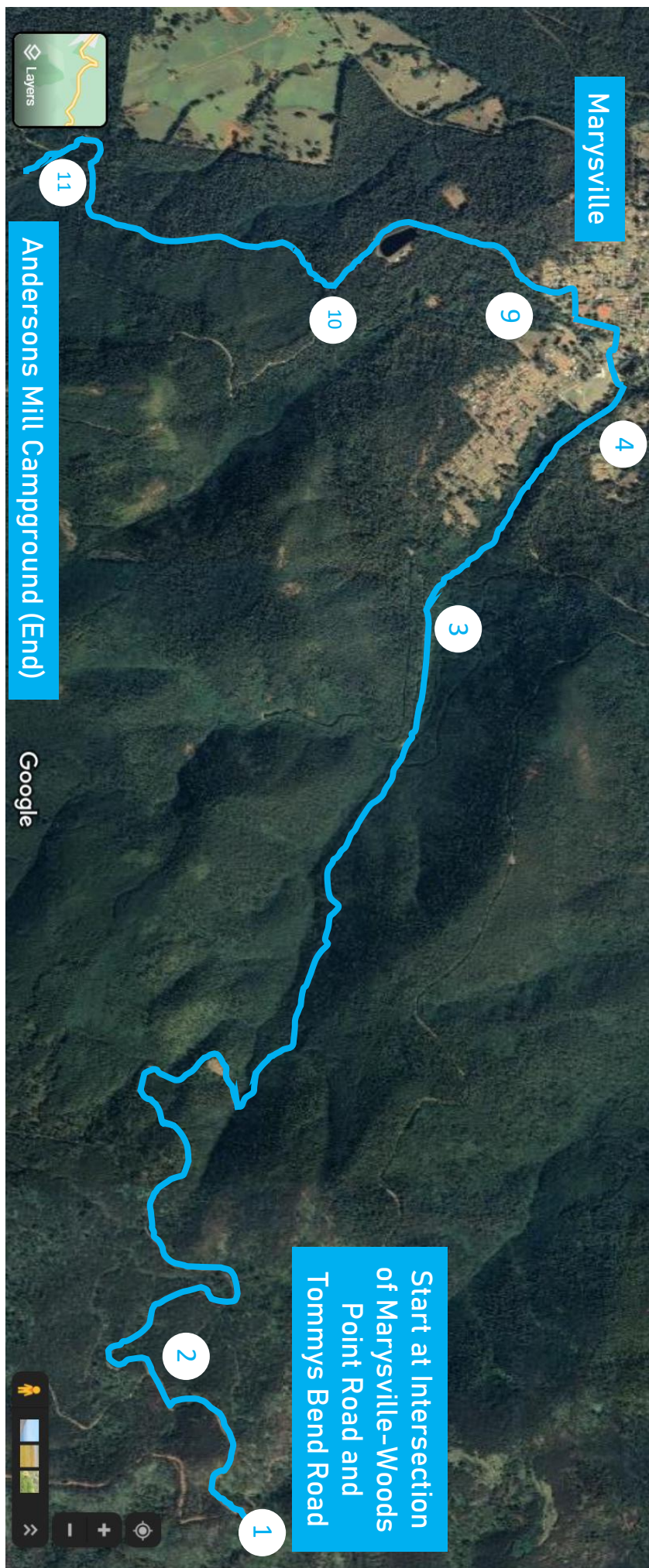
Medical Info:

Omegas Hike



Hike Directions

1. Start on Tommys Bend Road
2. Turn Right onto Yellow Dog Road
3. Turn Right into Tree Fern Gully Track
(or left if taking the Extra Route (see next page))
4. Stop at Gallipoli Park for dinner
5. Turn Left onto Buxton-Marysville Road
6. Turn Left onto Pack Road
7. Turn Right onto Kings Road
8. Turn Left onto Lyell Street
9. Bear Right onto Paradise Plains Road
10. Turn Right onto Anderson Mill Road
11. Turn left into Anderson Mill Camping Ground



Back Up Plan

CITY TRIP

If for any reason it is not possible to complete either or both the hikes then it is suggested that a City Trip be undertaken instead.

Here's a brief outline of the day, but more details can be found in the separate event plan for the City Trip.

THURSDAY

- 9:30 City Trip Briefing
- 9:45 Pack for City Trip
- 10:15 Depart
- 12:00 Begin PAC style challenges around the city
- 1:00 Lunch (sandwich given out at Camp McLaren)
- 3:30 Finish Challenges/Relax in Park
- 5:00 Dinner (\$20 challenge in Tent Groups)
- 6:30 Travel Back to Camp McLaren
- 8:00 Arrive at Camp
- 8:30 Judge the Challenges and announce winner

